

Pink Letter

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Successful Coat Drive



Thank you to all who donated to the Coat Drive for the Embrace Program at Wishard Hospital. We received over 100 beautiful coats, and many gloves and scarves, which are now in the hands of the patients who so desperately needed them. We are continually impressed with the show of care and compassion Pink Ribbon Supporters demonstrate. We thank you and the women who are now warm thank you.

Lilly Oncology on Canvas - Deadline for Entries 6/29/12

Lilly Oncology On Canvas: Expressions of a Cancer Journey is an art competition

Thank you for your support!

Pink Ribbon Connection is a **local**, non-profit organization committed to serving breast cancer patients and their families throughout central Indiana. Our mission to provide support, resources and information is accomplished through the generosity of volunteers and donors who give their time and money to serve those touched by breast cancer. Thank you to all of our supporters. We could not do this work without you.

Recent donors include:

Terry Bowen	Amy and Kevin Flint
Brighton Collectibles-Keystone Crossing	Lindsey Gilbreath
Eva Burgan	Jane Howard
Amy DiStaulo- <i>In Honor of Beverly Landis</i>	Michelle Scott
	Hilah Spaethe
	Linda Watson

In Memory of Dayna McGinley

American Electric Co.	Tom and Carol King
Arlington/Roe & Co. Management	Paul McGinley
Loran and Rachel Bailey	Debbie Mock
Mickey and Sara Beck	Stephen Orphey & Assoc.
Barbara Bruce	George and Jo Pfaffenberger
Shari Clark	Karen Reynolds
Bruce Cordray	Victor Schneider
Claudia Davis	Mak and Jennifer Siefker
Herb and Marie Haggard	Josh and Stacie Teides
Rene and Kyle Hinderlinder	Rick and Linda Trimpe
Ronald and Leslie Kepler	Patricia and Dale Weasner

To learn more about the Pink Ribbon Connection, and to [donate](#) or [volunteer](#) visit our website at www.PinkRibbonConnection.org or call 317-255-PINK (7465).

"Big Ten Thinks Pink" - Buy Tickets Now

Help the Pink Ribbon Connection raise money and awareness for breast cancer on Saturday, March 3 at Bankers Life Fieldhouse as part of "Big Ten Thinks Pink" at the 2012 Big Ten Women's Basketball Tournament.

Tickets are \$10, with \$5 from every ticket going to the Pink Ribbon Connection. Fans are encouraged to wear their favorite pink shirt to the game in an effort to raise breast cancer awareness. Please visit www.pinkribbonconnection.org or call the office at 317-255-PINK (7465) to purchase tickets.

The Big Ten Women's Basketball Tournament is a single-elimination tournament among the 12 Conference teams. The



BIG
BASKETBALL
TOURNAMENT
INDIANAPOLIS 2012

and exhibition that honors the journeys people face when confronted with a cancer diagnosis. This biennial competition, presented by Lilly Oncology and the National Coalition for Cancer Survivorship (NCCS), invites individuals from the United States and Puerto Rico diagnosed with any type of cancer - as well as their families, friends, caregivers and healthcare providers - to express, through art and narrative, the life-affirming changes that give their cancer journeys meaning. [Click here](#) to find out more.

Safety in Numbers

by Jane Hill,
published 9/14/11 by
CureToday.com

Caregivers can feel isolated, but with so many ways to connect with other caregivers, there's virtually no reason to go it alone.

Stephanie Hepner, RN, OCN, of Dallas, has been leading support groups for the American Cancer Society for almost 20 years. As an oncology nurse, she knows her business from the clinical side, but learned firsthand the intensity of full-time caregiving when her mother-in-law, a kidney cancer patient, came from Ohio for an extended stay.

Not everyone is a "group person," she says, but caregivers who are inclined to try a support group have many options. Start by asking at a local cancer treatment center or house of worship. Participants usually don't have to be affiliated with either to join the group, Hepner says. Even caregivers who are reluctant to speak publicly are welcome. Often, non-speakers find their voice, or end up thanking the others for expressing fears, anxiety or grief that they too experience, she says.

tournament winner will be rewarded with the Big Ten's automatic NCAA Championship berth. The tournament is a Big Ten Conference event, hosted by Indiana Sports Corporation. The event begins Thursday, March 1 and the championship game is Sunday, March 4. To purchase all-session tickets or tickets to other sessions, please visit www.ticketmaster.com, call toll-free (800)745-3000 or visit the Bankers Life Fieldhouse Box Office. For more information, visit www.indianasportscorp.com or www.bigten.org.

Special Opportunity



Donate \$10.00 or more to Pink Ribbon Connection and receive this beautiful calendar, produced by the women of Stutz Artists Association. The Artist Revealed is a body of work, in calendar form, that came into being as a result of 12 women artists talking together about how they feel about themselves as they age. The images are as beautiful and varied as they are themselves.

Get one before they're gone! [DONATE NOW](#)

Seeking Volunteers and Board Members

Pink Ribbon Connection is actively seeking volunteers and board members to assist in fulfilling our mission. We currently are recruiting board members who are skilled at accounting, marketing/public relations, information technology, and small business ownership.

Our next Volunteer Orientation sessions will be held on Thursday, February 16 and Thursday, March 22, at 5:30pm at the Pink Ribbon Connection office, located at 1139 Shelby Street, in Indianapolis. Please let us know if you are able to attend. We look forward to building our base of volunteers throughout the year.

[Click here](#) to complete a volunteer application or call Dori Sparks-Unsworth at 317-255-PINK (7465) to find out more.

MARK YOUR CALENDARS - Upcoming Events

I.W.I.N. Foundation Pink Pajama Party

Grab your friends, sisters, mom, coworkers for the 8th Annual I.W.I.N Foundation Pink Pajama Party. February 24-25, 2012 at the Indianapolis Marriott North/Keystone at the Crossing. Wear your favorite pink pj's and enjoy great food, shopping at a silent auction and complimentary spa services. Dance the night away to music of *Living Proof* and wake up to a warm breakfast the morning after. Friday Night: 6pm Vera Bradley Reception, 7pm Pink Pajama Party. Saturday Morning: 9am Breakfast. Go to www.iwinfoundation.org for more details and Registration starting January 30, 2012.

Hendricks County Women of Influence Conference

This **FREE** event will be a fun and informative gathering, to be held on March 1, at the Primo Banquet Hall in Plainfield. Be sure to register by February 23.

[Click here](#) to download the flyer.

Occasionally, patients in the group interject to lend perspective. Every member is assured confidentiality, creating a level of trust that inspires emotional honesty. It's not a "boo-hoo fest," a common misperception among the uninitiated, Hepner says.

[Click here](#) to read the rest of the story.

2011 Board of Directors

Chair-Carol Young
Vice Chair-Victor Schneider
Treasurer-Debra Rightmyer
Secretary-Beverly Landis
Martha Bonds
Linda Carde
Pam Carr
Cherrell Jones
Kellie Jones
Colleen Smith

Check back next month for another information packed article from by Barbara Feltman, DHS, PT, CLT with Advanced Physical Therapy, A Division of ATI Physical Therapy 317-843-1270

Join Our Mailing List

Free Meetings and Teleconferences

Feb. 6, 5-7:30pm [First Mondays-IU Simon](#)
Feb. 6, 6-8pm [Breast Cancer Support Group - St. Francis](#)
Feb. 6, 7-8pm [Breast Cancer Support Group - St. Francis Mooresville](#)
Feb. 7, 6-7:15pm [Yoga - IU Health North](#)
Feb. 7, 6-7:30pm [Breast Cancer Support Group - Community North](#)
Feb. 7, 6:15-7:30pm [Breast Cancer Support Group - Anderson](#)
Feb. 9, 6-8pm [Breast Cancer Support Group - Community Breast Care South](#)
Feb. 10, 9:30-11am [Breast Cancer Coffe Club-Avon](#)
Feb. 13, 6-8pm [Breast Cancer Support Group - St. Francis](#)
Feb. 14, 6-7:15pm [Cooking for Health - IU Health North](#)
Feb. 20, 6-8pm [Breast Cancer Support Group - St. Francis](#)
Feb. 21, 6-7:15pm [Healing Touch & Reiki - IU Health North](#)
Feb. 21, 6:30-8pm [Sisters Network Monthly Meeting](#)
Feb. 23, 6-7:30pm [Breast Cancer Coffe Club-IU Health West](#)
Feb. 27, 6-8pm [Breast Cancer Support Group - St. Francis](#)
Feb. 28, 6-7:15pm [Menopause: Myths and Realities - IU Health North](#)
Feb. 28, 6:30-8:30pm [All Ages All Stages Breast Cancer Support Group - Cancer Support Community](#)
Mar. 5, 5-7:30pm [First Mondays-IU Simon](#)
Mar. 5, 6-8pm [Breast Cancer Support Group - St. Francis](#)
Mar. 5, 7-8pm [Breast Cancer Support Group - St. Francis Mooresville](#)
Mar. 6, 6-7:30pm [Breast Cancer Support Group - Community North](#)
Mar. 6, 6:15-7:30pm [Breast Cancer Support Group - Anderson](#)
Mar. 6, 6-7:15pm [Yoga - IU Health North](#)
Mar. 8, 6-8pm [Breast Cancer Support Group - Community Breast Care South](#)
Mar. 9, 9:30-11am [Breast Cancer Coffe Club-Avon](#)

Clinical Trials Awareness

Clinical trials are research studies that evaluate new treatments, combinations, and doses; better methods for diagnosing or preventing the disease; and new ways to improve quality of life for cancer patients.

[Click here for A PATIENT'S GUIDE TO CLINICAL TRIALS](#)

Click below to learn about local clinical trials.

[Breast Cancer Trials.org](#)

[Central Indiana Cancer Centers](#)

[I.U.P.U.I. Indianapolis](#)

[I.U. Simon Cancer Center](#)

[National Cancer Institute Listing of Clinical Trials in Indiana](#)

[St. Francis Hospital and Health Centers](#)

[St. Vincent Hospitals](#)